



USEFUL TO BRING

We want our patients to feel comfortable and at home during their stay at Blueridge Vista. We suggest bringing:

- Patient's health insurance and prescription card and all information pertaining
- Current medications including OTC meds and inhalers. If possible, these will be sent home after verification.
- Three sets of comfortable clothing including underwear and socks, one pair of pajamas or nightwear, a sweater or jacket and one pair of comfortable slip-on shoes.
- Washers and dryers are available on the unit for washing clothes. No clothing should have strings or ties including shoes.

DO NOT BRING

Upon admission, we ask that our patients surrender or not bring:

- Devices such as computers, iPad's, Kindle's, iPod's or anything that can access the internet
- Radios, TV's, CD or tape players, handheld video games or recording devices
- Patients are permitted to travel with their cell phones, but they will be required to be checked at the nurses station during the stay.
- Items containing alcohol or illicit drugs
- Weapons, guns, knives, ammunition, scissors, sharp metal or glass objects. Blueridge Vista reserves the right to determine if certain objects are considered weapons and therefore dangerous to patients or staff
- Picture frames (pictures are permitted)



- Clothing items displaying logos of drugs or alcohol or images conveying drugs or alcohol
- Food and drink items
- Tobacco products
- Aerosol sprays, flammable liquids, lighters or matches
- Pornographic materials
- Rope, string or yarn
- Spiral or wire-bound notebooks
- Hosiery
- Nail polish, files or nail polish remover

NOT PERMITTED

For the safety of all patients during their stay at Blueridge Vista, the following items are not permitted on the hospital unit:

- Outside food, candy, gum or drinks
- Handheld video games
- Radio, TV's, CD players, tape players, PDA or laptops
- Glass, metal or hard plastic objects or containers
- Aerosol sprays or flammable liquids
- Lighters or matches
- Guns, knives, weapons, ammunitions
- Cell phones
- Cameras

