



## USEFUL TO BRING

We want our patients to feel comfortable and at home during their stay at Blueridge Vista. We suggest bringing:

- Patient's health insurance and prescription card and all information pertaining
- Current medications including OTC meds and inhalers. If possible, these will be sent home after verification.
- Three sets of comfortable clothing including underwear and socks, one pair of pajamas or nightwear, a sweater or jacket and one pair of comfortable slip-on shoes.
- Washers and dryers are available on the unit for washing clothes. No clothing should have strings or ties including shoes.

## DO NOT BRING

Upon admission, we ask that our patients surrender or not bring:

- Devices such as computers, iPad's, Kindle's, iPod's or anything that can access the internet
- Radios, TV's, CD or tape players, handheld video games or recording devices
- Patients are permitted to travel with their cell phones, but they will be required to be checked at the nurses station during the stay.
- Items containing alcohol or illicit drugs
- Weapons, guns, knives, ammunition, scissors, sharp metal or glass objects. Blueridge Vista reserves the right to determine if certain objects are considered weapons and therefore dangerous to patients or staff
- Picture frames (pictures are permitted)



- Clothing items displaying logos of drugs or alcohol or images conveying drugs or alcohol
- Food and drink items
- Tobacco products
- Aerosol sprays, flammable liquids, lighters or matches
- Pornographic materials
- Rope, string or yarn
- Spiral or wire-bound notebooks
- Hosiery
- Nail polish, files or nail polish remover

## NOT PERMITTED

For the safety of all patients during their stay at Blueridge Vista, the following items are not permitted on the hospital unit:

- Outside food, candy, gum or drinks
- Handheld video games
- Radio, TV's, CD players, tape players, PDA or laptops
- Glass, metal or hard plastic objects or containers
- Aerosol sprays or flammable liquids
- Lighters or matches
- Guns, knives, weapons, ammunitions
- Cell phones
- Cameras

